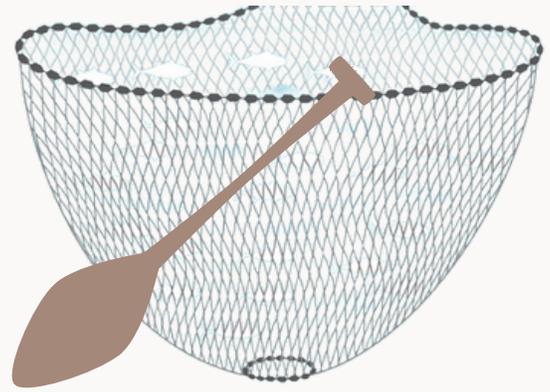


THE NET AND PADDLE EXPERIENCE



A TRUTH AND RECONCILIATION WORKSHOP

🔪 Learning 🔪 Healing 🔪 Transformation 🔪 Celebration

This holistic and embodied learning journey will enable you to:

- Hear stories of First Nations Elders sharing their lived experiences
- Explore colonialism, resilience, and resistance
- Introduce yourself in an Indigenous way
- Celebrate Indigenous cultures through the seven senses
- Visualize the future of reconciliation
- Create actionable next steps to support reconciliation
- Be supported in a safe and non-judgemental space
- Address Truth and Reconciliation Commission Calls to Action

ELDERS



Nella Nelson
N'amgis Nation



Alex Nelson
Musgamagw
Dzawada'enuxw

FACILITATORS



Gaileen Flaman
Métis Nation
English, German



Rachel Mason
English, Eastern
European Jewish

To book a workshop, email netandpaddle@gmail.com



Dream Doula Consulting

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